

# **Region 1 Schedule**

## **2022 REGION 1 JUNIOR OLYMPIC CHAMPIONSHIPS**

**Bowdoin College, July 8-9-10, 2022**

### **SCHEDULE OF EVENTS**

**THIS WILL BE UPDATED WEEKLY**

**AGE GROUPS:** (Age is as of December 31, 2021)

**Group 1** - 7 - 8 years old born 2014+

**Group 2** - 9-10 years old born 2012-2013

**Group 3** - 11-12 years old born 2010-2011

**Group 4** - 13-14 years old born 2008-2009

**Group 5** - 15-16 years old born 2006-2007

**Group 6** - 17-18 years old born 2004 -2005 and before July 31, 2022 (last day of National JO Championship)

### **GAMES Committee:**

Peter Crapsey- Region 1  
Association Region 1 Youth Chairs  
Donald Berry, Referee  
Robert Gidari, Officials representative



## 2022 REGION 1 JUNIOR OLYMPIC CHAMPIONSHIPS

### SATURDAY, JULY 9 TRACK SCHEDULE

All Events Girls than Boys, Youngest to Oldest

If 8 or fewer report in hurdles/dash, final runs at finals time

9:20 AM                    DECATHLON: 15-18 will compete together  
Events will follow in order with appropriate rest intervals between events  
110 Meter Hurdles  
Discus Throw  
Pole Vault  
Javelin Throw  
1500 Meter Run

9:20 AM                    HEPTATHLON 15-18 will compete together  
Events will follow in order with appropriate rest intervals between events.  
Long Jump  
Javelin Throw  
800 Meter Run

9:30 AM                    200 M Hurdles  
9:50 AM                    400 M Hurdles

10:10 AM                    1500 M RACEWALK B/G - all ages Combined  
10:30 AM                    3000 M RACEWALK B/G - all ages Combined

12:00 PM                    80 M HURDLES FINALS  
12:30 PM                    100 M HURDLES FINALS  
12:50 PM                    110 M HURDLES FINALS

1:00 PM                    100 M TRIALS  
3:00 PM                    1500 M FINALS (Some ages may be combined)  
4:00 PM                    100 M FINALS

4:30 PM                    400 M FINALS

**SATURDAY, JULY 9 FIELD EVENT SCHEDULE**

9:30 AM	POLE VAULT	ALL GIRLS - 4G, 5G, 6G	
9:30 AM	LONG JUMP	PIT #1 - 2B	PIT #2 - 2G
9:45 AM	HIGH JUMP DISCUS SHOT PUT MINI JAVELIN	PIT #1 - 3B 4B 5G & 6G 1 G	PIT #2 - 3G
11:00 AM	HIGH JUMP LONG JUMP DISCUS SHOT PUT MINI JAVELIN	PIT #1 - 4B PIT #1 - 3B 5B 2G 1B	PIT #2 - 4G PIT #2 - 3G
1:00 PM	HIGH JUMP LONG JUMP POLE VAULT DISCUS SHOT PUT MINI JAVELIN	PIT#1 - 2B PIT#1 - 1B ALL BOYS - 4B, 5B, 6B 6B 4G 2G	PIT#2 - 2G PIT#2 - 1G
2:15 PM	HIGH JUMP LONG JUMP DISCUS SHOT PUT MINI JAVELIN	PIT#1 - 5B & 6B PIT#1 - 4B 3B 3G 2B	PIT#2 - 5G & 6G PIT#2 - 4G
3:30 PM	LONG JUMP SHOT PUT AERO JAVELIN	PIT #1 - 5B 1G 3 G	PIT #2 - 5G
4:30 PM	LONG JUMP SHOT PUT AERO JAVELIN	PIT #1 - 6B 1B 3 B	PIT #2 6G

## 2022 REGION 1 JUNIOR OLYMPIC CHAMPS

**SUNDAY, JULY 10**

### TRACK SCHEDULE

(All Track Events Girls than Boys, Youngest to Oldest)

8:30 AM 4X100 RELAYS (some ages may be combined)  
11:00 AM 800 M FINALS  
12:45 PM 200 M FINALS (No Trials)  
1:15 PM 4X400 RELAYS (some ages may be combined)

### SUNDAY FIELD EVENT SCHEDULE

8:30 AM	TRIPLE JUMP SHOT PUT DISCUS JAVELIN	PIT#1 - 4B 5B/6B 3G 5G/6G	PIT #2 - 4G
10:00 AM	TRIPLE JUMP SHOT PUT DISCUS JAVELIN	PIT#1 - 5B 2B 4G 4B	PIT #2 - 5G
11:30 PM	TRIPLE JUMP SHOT PUT DISCUS JAVELIN	PIT#1 - 6B 3B 5G 4G	PIT #2 - 6G
1:00 PM	SHOT PUT DISCUS JAVELIN	CIRCLE #1 – 4B 6G 5B then 6B	CIRCLE #2 – 6G